Mire of the Mind

around me the walls are melting into shades of red a bloody room of flesh pulsing to the beat of my heart scary movies cannot compare to the horror horror horror that is the monsters eating of my mind one of these creatures has manifested within my haunting the thoughts reality of my mind on my bed it sits watching silently its hands clasped its wide smile creates tremors in my body its skin and bone body with blackened burnt flesh and empty eye sockets chills me to my core with its sharp needle-like fingers it reaches for my eyes and my arms to rip me limb from limb to take hold of my soul even now i wish for death just like in my dreams dreams dreams i don't care what the method is shoot me stab me drown me but please let me hold on to my sanity